

## CAR & GENERAL CANCER SENSITIZATION.



Cancer in Africa is an emerging health problem. In Kenya it ranks third as a cause of death after infectious and cardiovascular disease. (...Dr. Cecilia Kariuki; AAR Kenya.)



Having come to a close of the cancer awareness month of October, at Car & General, we chose to have a health talk on the far-reaching causes and effects of cancer, sensitizing members of staff on the kinds of mitigation available to them. We had the support of a team from AAR Kenya to this end.

We got to dispel some myths relating to cancer, while learning a lot more on the same.

The health talk was followed by general health screening, carried out by the AAR team. Staff were screened for BMI, HbP and blood sugar. Employees also received deworming pills. Deworming is often overlooked by many people.

The AAR Kenya team held similar talks and health screening exercises across several Car & General branches as below: Nairobi 2nd November and 3rd November, Kitengela - 3rd November, Mombasa - 3rd November, Eldoret - 4th November, Kisumu - 3rd November and Kisii - 3rd November.

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### Our Vision

Make customers smile in every street, every town

### Our Mission

To achieve leadership position in all our primary markets - power generation, automotive and engine-related products in East Africa.